

<b>Publicaciones del estudio di@bet.es (Agosto 2022)</b>	
1.	<p><a href="#">Serum vascular endothelial growth factor b and metabolic syndrome incidence in the population based cohort Di@bet.es study.</a> Lago-Sampedro A, Lhamyani S, Valdés S, Colomo N, Maldonado-Araque C, González-Molero I, Doulatram-Gamgaram V, Delgado E, Chaves FJ, Castaño L, Calle-Pascual A, Franch-Nadal J, Rojo-Martínez G, García-Serrano S, García-Escobar E. Int J Obes (Lond). 2022 Aug 20. doi: 10.1038/s41366-022-01212-1. PMID: 35987953</p>
2.	<p><a href="#">Ambient air pollution and thyroid function in Spanish adults. A nationwide population-based study (Di@bet.es study).</a> Valdés S, Doulatram-Gamgaram V, Maldonado-Araque C, Lago-Sampedro A, García-Escobar E, García-Serrano S, García-Vivanco M, Garrido Juan L, Theobald MR, Gil V, Martín-Llorente F, Ocon P, Calle-Pascual A, Castaño L, Delgado E, Menendez E, Franch-Nadal J, Gaztambide S, Girbés J, Chaves FJ, Galán-García JL, Aguilera-Venegas G, Gutierrez-Repiso C, Fernández-García JC, Colomo N, Soriguer F, García-Fuentes E, Rojo-Martínez G. Environ Health. 2022 Aug 17;21(1):76. doi: 10.1186/s12940-022-00889-1. PMID: 35978396</p>
3.	<p><a href="#">Developing a simple and practical decision model to predict the risk of incident type 2 diabetes among the general population: The Di@bet.es Study.</a> Martínez-Hervás S, Morales-Suarez-Varela MM, Andrés-Blasco I, Lara-Hernández F, Peraita-Costa I, Real JT, García-García AB, Chaves FJ. Eur J Intern Med. 2022 Aug;102:80-87. doi: 10.1016/j.ejim.2022.05.005. Epub 2022 May 13. PMID: 35570127</p>
4.	<p><a href="#">Low Percentage of Vegetable Fat in Red Blood Cells Is Associated with Worse Glucose Metabolism and Incidence of Type 2 Diabetes.</a> Chiva-Blanch G, Giró O, Cofán M, Calle-Pascual AL, Delgado E, Gomis R, Jiménez A, Franch-Nadal J, Rojo Martínez G, Ortega E. Nutrients. 2022 Mar 25;14(7):1368. doi: 10.3390/nu14071368. PMID: 35405981</p>
5.	<p><a href="#">Thyroid hormone resistance index and mortality in euthyroid subjects: Di@bet.es study.</a> Alonso SP, Valdés S, Maldonado-Araque C, Lago A, Ocon P, Calle A, Castaño L, Delgado E, Menéndez E, Franch-Nadal J, Gaztambide S, Girbés J, Chaves F, Garcia-Serrano S, Garcia-Escobar E, Fernandez-García JC, Oliveira G, Colomo N, Rojo-Martínez G. Eur J Endocrinol. 2021 Dec 1;186(1):95-103. doi: 10.1530/EJE-21-0640. PMID: 34735370</p>
6.	<p><a href="#">Association between long term exposure to particulate matter and incident hypertension in Spain.</a> Doulatram-Gamgaram V, Valdés S, Maldonado-Araque C, Lago-Sampedro A, Badía-Guillén R, García-Escobar E, García-Serrano S, García-Vivanco M, Garrido JL, Theobald MR, Gil V, Martín-Llorente F, Calle-Pascual A, Bordiu E, Castaño L, Delgado E, Franch-Nadal J, Chaves FJ, Montanya E, Galán-García JL, Aguilera-Venegas G, Soriguer F, Rojo-Martínez G. Sci Rep. 2021 Oct 5;11(1):19702. doi: 10.1038/s41598-021-99154-7. PMID: 34611240</p>
7.	<p><a href="#">Fatty liver index as a predictor for type 2 diabetes in subjects with normoglycemia in a nationwide cohort study.</a> García-Escobar E, Valdés S, Soriguer F, Vendrell J, Urrutia-Etxebarria IM, Maldonado-Araque C, Ortega E, Ocón P, Montanya E, Menéndez E, Lago-Sampedro A, González-Frutos T, Gomis R, Goday A, García-Serrano S, Galán-García JL, Castell C, Bordiú E, Badía R, Aguilera-Venegas G, Girbés J, Gaztambide S, Delgado E, Chaves FJ, Castaño L, Calle-Pascual A, Rojo-Martínez G, Franch-Nadal J. Sci Rep. 2021 Aug 12;11(1):16453. doi: 10.1038/s41598-021-95546-x. PMID: 34385479</p>
8.	<p><a href="#">Endogenous cortisol excess confers a unique lipid signature and metabolic network.</a> Vega-Beyhart A, Iruarizaga M, Pané A, García-Eguren G, Giró O, Boswell L, Aranda G, Flores V, Casals G, Alonso C, Mora M, Halperin I, Carmona F, Enseñat J, Vidal O, Hu T, Rojo G, Gomis R, Hanzu FA.</p>

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9.	<a href="#">Iodine Deficiency and Mortality in Spanish Adults: Di@bet.es Study.</a> Maldonado-Araque C, Valdés S, Badía-Guillén R, Lago-Sampedro A, Colomo N, Garcia-Fuentes E, Gutierrez-Repiso C, Goday A, Calle-Pascual A, Castaño L, Castell C, Delgado E, Menendez E, Franch-Nadal J, Gaztambide S, Gírbés J, Chaves FJ, Soriguer F, Rojo-Martínez G. Thyroid. 2021 Jan;31(1):106-114. doi: 10.1089/thy.2020.0131. Epub 2020 Sep 17. PMID: 32781944
10.	<a href="#">Iodine Deficiency and Mortality in Spanish Adults: Di@bet.es Study.</a> Maldonado-Araque C, Valdés S, Badía-Guillén R, Lago-Sampedro A, Colomo N, Garcia-Fuentes E, Gutierrez-Repiso C, Goday A, Calle-Pascual A, Castaño L, Castell C, Delgado E, Menendez E, Franch-Nadal J, Gaztambide S, Gírbés J, Chaves FJ, Soriguer F, Rojo-Martínez G. Thyroid. 2021 Jan;31(1):106-114. doi: 10.1089/thy.2020.0131. PMID: 32781944
11.	<a href="#">Incidence of diabetes mellitus and associated risk factors in the adult population of the Basque country, Spain.</a> Urrutia I, Martín-Nieto A, Martínez R, Casanovas-Marsal JO, Aguayo A, Del Olmo J, Arana E, Fernandez-Rubio E, Castaño L, Gaztambide S; Diabetes Epidemiology Group. Sci Rep. 2021 Feb 4;11(1):3016. doi: 10.1038/s41598-021-82548-y. PMID: 33542348
12.	<a href="#">Incidence and regression of metabolic syndrome in a representative sample of the Spanish population: results of the cohort di@bet.es study.</a> Cuesta M, Fuentes M, Rubio M, Bordiu E, Barabash A, Garcia de la Torre N, Rojo-Martinez G, Valdes S, Soriguer F, Vendrell JJ, Urrutia IM, Ortega E, Montanya E, Menendez E, Lago-Sampedro A, Gomis R, Goday A, Castell C, Badia-Guillen R, Gírbés J, Gaztambide S, Franch-Nadal J, Delgado Álvarez E, Chaves FJ, Castano L, Calle-Pascual AL. BMJ Open Diabetes Res Care. 2020 Oct;8(1):e001715. doi: 10.1136/bmjdr-2020-001715. PMID: 33051280
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14.	<a href="#">Incidence of diabetes mellitus in Spain as results of the nation-wide cohort di@bet.es study.</a> Rojo-Martínez G, Valdés S, Soriguer F, Vendrell J, Urrutia I, Pérez V, Ortega E, Ocón P, Montanya E, Menéndez E, Lago-Sampedro A, González-Frutos T, Gomis R, Goday A, García-Serrano S, García-Escobar E, Galán-García JL, Castell C, Badía-Guillén R, Aguilera-Venegas G, Gírbés J, Gaztambide S, Franch-Nadal J, Delgado E, Chaves FJ, Castaño L, Calle-Pascual A. Sci Rep. 2020 Feb 17;10(1):2765. doi: 10.1038/s41598-020-59643-7. PMID: 32066839
15.	<a href="#">Ambient temperature and prevalence of diabetes and insulin resistance in the Spanish population: Di@bet.es study.</a> Valdés S, Doulatram-Gamgaram V, Lago A, García Torres F, Badía-Guillén R, Oliveira G, Goday A, Calle-Pascual A, Castaño L, Castell C, Delgado E, Menendez E, Franch-Nadal J, Gaztambide S, Gírbés J, Gomis R, Ortega E, Galán-García JL, Aguilera-Venegas G, Soriguer F, Rojo-Martínez G. Eur J Endocrinol. 2019 May 1;180(5):273-280. doi: 10.1530/EJE-18-0818. PMID: 30840583
16.	<a href="#">Dairy Product Consumption and Metabolic Diseases in the Di@bet.es Study.</a> Lago-Sampedro A, García-Escobar E, Rubio-Martín E, Pascual-Aguirre N, Valdés S, Soriguer F, Goday A, Calle-Pascual A, Castell C, Menéndez E, Delgado E, Bordiú E, Castaño L, Franch-Nadal J, Gírbés J, Chaves FJ, Gaztambide S, Rojo-Martínez G, Oliveira G.

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17.	<a href="#">Iron deficiency is associated with Hypothyroxinemia and Hypotriiodothyroninemia in the Spanish general adult population: Di@bet.es study.</a> Maldonado-Araque C, Valdés S, Lago-Sampedro A, Lillo-Muñoz JA, Garcia-Fuentes E, Perez-Valero V, Gutierrez-Repiso C, Goday A, Urrutia I, Peláez L, Calle-Pascual A, Castaño L, Castell C, Delgado E, Menendez E, Franch-Nadal J, Gaztambide S, Gírbés J, Ortega E, Vendrell J, Chacón MR, Chaves FJ, Soriguer F, Rojo-Martínez G. Sci Rep. 2018 Apr 26;8(1):6571. doi: 10.1038/s41598-018-24352-9. PMID: 29700318
18.	<a href="#">Reference values for TSH may be inadequate to define hypothyroidism in persons with morbid obesity: Di@bet.es study.</a> Valdés S, Maldonado-Araque C, Lago-Sampedro A, Lillo-Muñoz JA, Garcia-Fuentes E, Perez-Valero V, Gutiérrez-Repiso C, Garcia-Escobar E, Goday A, Urrutia I, Peláez L, Calle-Pascual A, Bordiú E, Castaño L, Castell C, Delgado E, Menéndez E, Franch-Nadal J, Gaztambide S, Gírbés J, Ortega E, Vendrell J, Chacón MR, Javier Chaves F, Soriguer F, Rojo-Martínez G. Obesity (Silver Spring). 2017 Apr;25(4):788-793. doi: 10.1002/oby.21796. PMID: 28276648
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20.	<a href="#">Low Physical Activity and Its Association with Diabetes and Other Cardiovascular Risk Factors: A Nationwide, Population-Based Study.</a> Brugnara L, Murillo S, Novials A, Rojo-Martínez G, Soriguer F, Goday A, Calle-Pascual A, Castaño L, Gaztambide S, Valdés S, Franch J, Castell C, Vendrell J, Casamitjana R, Bosch-Comas A, Bordiú E, Carmena R, Catalá M, Delgado E, Gírbés J, López-Alba A, Martínez-Larrad MT, Menéndez E, Mora-Peces I, Pascual-Manich G, Serrano-Ríos M, Gomis R, Ortega E. PLoS One. 2016 Aug 17;11(8):e0160959. doi: 10.1371/journal.pone.0160959. PMID: 27532610
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22.	<a href="#">Estimating Cardiovascular Risk in Spain by the European Guidelines on Cardiovascular Disease Prevention in Clinical Practice.</a> Amor AJ, Masana L, Soriguer F, Goday A, Calle-Pascual A, Gaztambide S, Rojo-Martínez G, Valdés S, Gomis R, Ortega E; Di@bet.es study group. Rev Esp Cardiol (Engl Ed). 2015 May;68(5):417-25. doi: 10.1016/j.rec.2014.05.023. PMID: 25444376
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26.	<p><a href="#">Prevalence of obesity, diabetes and other cardiovascular risk factors in Andalusia (southern Spain). Comparison with national prevalence data. The Di@bet.es study.</a></p> <p>Valdés S, García-Torres F, Maldonado-Araque C, Goday A, Calle-Pascual A, Soriguer F, Castaño L, Catalá M, Gomis R, Rojo-Martínez G; <a href="#">Di@bet.es</a> study group.</p> <p>Rev Esp Cardiol (Engl Ed). 2014 Jun;67(6):442-8. doi: 10.1016/j.rec.2013.09.029. PMID: 24863592</p>
27.	<p><a href="#">Use of drugs related to the treatment of diabetes mellitus and other cardiovascular risk factors in the Spanish population. The Di@bet.es study.</a></p> <p>Rojo-Martínez G, Valdés S, Colomo N, Lucena MI, Gaztambide S, Gomis R, Casamitjana R, Carmena R, Catalá M, Martínez-Larrad MT, Serrano-Ríos M, Castaño L, Vendrell J, Gírbés J, Franch J, Vázquez JA, Mora-Peces I, Urrutia I, Pascual-Manich G, Ortega E, Menéndez E, Delgado E, Bordiú E, Castell C, López-Alba A, Goday A, Calle A, Bosch-Comas A, Soriguer F.</p> <p>Rev Esp Cardiol (Engl Ed). 2013 Nov;66(11):854-63. doi: 10.1016/j.rec.2013.05.027. PMID: 24773992</p>
28.	<p><a href="#">Modifications of the homeostasis model assessment of insulin resistance index with age.</a></p> <p>Soriguer F, Colomo N, Valdés S, Goday A, Rubio-Martín E, Esteva I, Castaño L, Ruiz de Adana MS, Morcillo S, Calle A, García-Fuentes E, Catalá M, Gutiérrez-Repiso C, Delgado E, Gomis R, Ortega E, Rojo-Martínez G.</p> <p>Acta Diabetol. 2014 Dec;51(6):917-25. doi: 10.1007/s00592-013-0523-5. PMID: 24687694</p>
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30.	<p><a href="#">Olive oil has a beneficial effect on impaired glucose regulation and other cardiometabolic risk factors. Di@bet.es study.</a></p> <p>Soriguer F, Rojo-Martínez G, Goday A, Bosch-Comas A, Bordiú E, Caballero-Díaz F, Calle-Pascual A, Carmena R, Casamitjana R, Castaño L, Castell C, Catalá M, Delgado E, Franch J, Gaztambide S, Gírbés J, Gomis R, Gutiérrez G, López-Alba A, Teresa Martínez-Larrad M, Menéndez E, Mora-Peces I, Ortega E, Pascual-Manich G, Serrano-Ríos M, Urrutia I, Valdés S, Antonio Vázquez J, Vendrell J.</p> <p>Eur J Clin Nutr. 2013 Sep;67(9):911-6. doi: 10.1038/ejcn.2013.130. PMID: 23859999</p>
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35.	<p><a href="#">Evaluation of Health-Related Quality of Life according to Carbohydrate Metabolism Status: A Spanish Population-Based Study (Di@bet.es Study).</a></p> <p>Marcuello C, Calle-Pascual AL, Fuentes M, Runkle I, Soriguer F, Goday A, Bosch-Comas A, Bordiú E, Carmena R, Casamitjana R, Castaño L, Castell C, Catalá M, Delgado E, Franch J, Gaztambide S, Girbés J, Gomis R, Gutiérrez G, López-Alba A, Martínez-Larrad MT, Menéndez E, Mora-Peces I, Ortega E, Pascual-Manich G, Rojo-Martínez G, Serrano-Rios M, Valdés S, Vázquez JA, Vendrell J.</p> <p><i>Int J Endocrinol.</i> 2012;2012:872305. doi: 10.1155/2012/872305. PMID: 22848215</p>
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37.	<p><a href="#">Prevalence of diabetes mellitus and impaired glucose regulation in Spain: the Di@bet.es Study.</a></p> <p>Soriguer F, Goday A, Bosch-Comas A, Bordiú E, Calle-Pascual A, Carmena R, Casamitjana R, Castaño L, Castell C, Catalá M, Delgado E, Franch J, Gaztambide S, Girbés J, Gomis R, Gutiérrez G, López-Alba A, Martínez-Larrad MT, Menéndez E, Mora-Peces I, Ortega E, Pascual-Manich G, Rojo-Martínez G, Serrano-Rios M, Valdés S, Vázquez JA, Vendrell J.</p> <p><i>Diabetologia.</i> 2012 Jan;55(1):88-93. doi: 10.1007/s00125-011-2336-9. PMID: 21987347</p>