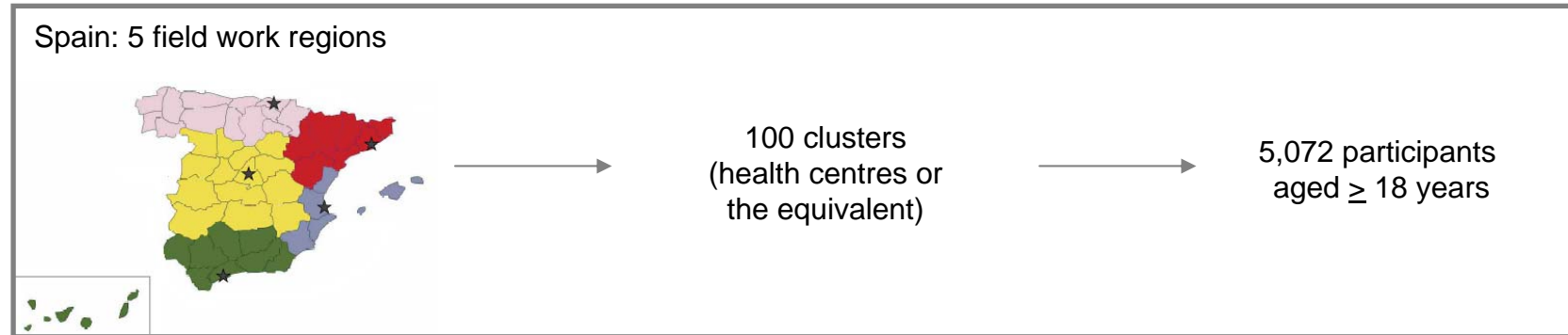


# Di@bet.es Study



Almost 30% of the study population have some carbohydrate metabolism disturbances:

	Prevalence	IC 95%
<b>Total Diabetes Mellitus (DM)</b>	<b>13,8%</b>	<b>12,8-14,7%</b>
DM known	7,8%	6,97- 8,59%
DM unknown	6%	5,4-6,7%
Impaired fasting glucose (IFG)	3,4%	2,9-4%
Impaired glucose tolerance (IGT)	9,2%	8,2-10,2%
IFG + IGT	2,2%	1,7-2,7%

*Data adjusted for age, sex and field work regions*

Source: Prevalence of diabetes mellitus and impaired glucose regulation in Spain: the Di@bet.es Study, *Diabetologia* (2011)  
 Study supported by CIBER in Diabetes and Associated Metabolic Disorders-CIBERDEM (ISCIII, Ministry of Science and Innovation, Spain) and Spanish Society of Diabetes-SED. More information [www.ciberdem.org/estudiodiabetes](http://www.ciberdem.org/estudiodiabetes)